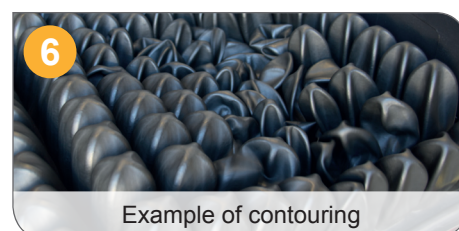


How to set up a Roho Cushion

- 1 Ensure the ISO FLO® Memory Control™ Unit valve is in the unlocked position by sliding the valve to the right.
- 2 Inflate the cushion until all cells are full of air. When this is done the cushion will have a SLIGHT upward arch.
- 3 Place the person on the cushion. Check footplates are properly adjusted. Slide your hand, palm side down, to locate the bony prominence - usually the ischial tuberosity. If you are not sure, lift the person's leg slightly and you will feel the bony area move.
- 4 While keeping your hand under the bony prominence, open the ROHO air valve and let some air escape. Continue to let air out until you can feel about 15mm between the bone and the base of the cushion. The person will feel themselves sink into the cushion. Close the air inlet valve.
- 5 With the ISO FLO® Memory Control™ Unit still in unlocked mode position the pelvis. If correcting asymmetry you may need to hold the pelvis in position. Once the pelvis is in the desired position push the ISO FLO® Memory Control™ Unit to locked position.
- 6 Contouring, as per the picture, after a person gets off the cushion is normal. Do not adjust air unless patient is less than 15mm from the base. If cells look full with nobody on the cushion it is likely it is over-inflated.

You may find it easier to slide your hand under the pelvis if you use a plastic glove. Placing things like sheepskin over the cushion will reduce the performance of the cushion. Do not use the ISO FLO® Memory Control™ Unit or the cells as a handle. The yellow rope is there for this purpose. Check daily for improper inflation, but adjust air only when required. Due to the design of the product, very little, if any, air will leak unless there is a puncture.

Remember "IN IT - NOT ON IT"



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