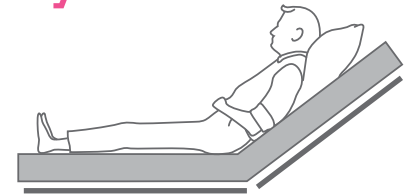


## Four ways to use the functions on your bed effectively

Most people who have a multi function bed probably do not know why or when to use the functions their bed offers. Below are three functions explained to help you understand the function, and when or why you should use it.

### 1. Back Rest Function

- Raise the backrest to place a client in a seated position to enable easier transferring off the bed.
- A raised backrest can be used as a positioning guide for clients returning to bed so that they are not positioned too far up or down the bed.
- A raised backrest can assist in the application of a hoist sling in a client with postural control, eliminating the need to roll the person.



Back Rest Function



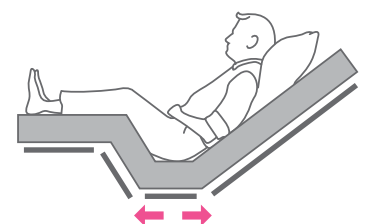
Knee Break Function



Raised Vascular Support



Pressure Point Shown  
Without Auto Regression



No Pressure Points With  
Auto Regression

### 2. Knee Break Function

- Utilise for manual vascular support.
- To stop client sliding down the bed when in seated position.
- To relieve heel pressure.

### 3. Auto Regression Function

- Is the ability of the sleeping surface to lengthen when the backrest is raised and on some beds the knee break also.
- Allows the client to have more room in the bed to facilitate optimum positioning.
- Avoids increased shear and pressure being placed on the client when seated and being moved into a seated position.

### 4. Hi-Low Function

- When hoisting a client from bed, lower the bed height rather than raising the hoist to enable the body clearance. This is more comfortable and less threatening for the client and cradles the heaviest part of the body into the sling first reducing pressure on other parts of the body.
- Always leaving the bed at a height appropriate to the client height to facilitate safer entry and exit to and from the bed when client is not supervised.



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